



Comprehensive Health Check Plan 全面健康檢查計劃

Examination Content 檢查內容		Male 男	Female 女
Detailed Medical History 詳細病歷	Weight, Height, Blood Pressure & Pulse 身高、體重、血壓及脈搏		
Complete Physical Examination 全面體格檢查	Body Mass Index (BMI) & Waist Circumference 身體質量指數及腰圍	✓	✓
Examination By Doctor 醫生會診	Examination of Heart, Lungs and Abdomen 心臟、肺及腹部檢查 Examination of Thyroid and Breasts 甲狀腺及乳房檢查 Hearing Test by Turning Fork 音叉聽覺測試	✓	✓
Ophthalmic Disease Screening 眼科疾病篩查	Visual Acuity 視力測試	✓	✓
	Color Vision 色覺測試	✓	✓
	Tonometry 眼壓測試	✓	✓
Lung Function Screening 肺功能篩查	Spirometry 肺活量測試	✓	✓
Cardiovascular Disease Screening 心臟病篩查	Resting Electrocardiogram 靜態心電圖	✓	✓
Imaging Studies 影像學檢查	Chest X-ray 胸部 X 光	✓	✓
	Ultrasound Liver & Gallbladder 肝臟及膽囊超聲波	✓	X
	Ultrasound Breasts 乳房超聲波	X	✓
Laboratory Investigations 實驗室測試			
Haematology 血液學	Complete Blood Count 全血細胞計數: White Blood Count, Red Blood Count, Haemoglobin, PCV, Platelet, MCV, MCH, MCHC, Differential Count 白血球計數, 紅血球計數, 血色素, 血壓積, 血小板, 紅血球平均容量, 紅血球平均血色素, 紅血球平均血色素度, 白血球分類計數	✓	✓
	ESR 紅血球沉降率	✓	✓
Renal Function Test 腎功能測試	Urea 尿素	✓	✓
	Creatinine 肌酸酐	✓	✓
	Potassium 鉀	✓	✓
	Sodium 鈉	✓	✓
	Chloride 氯化物	✓	✓



Liver Function Test 肝功能測試	SGPT / ALT 谷丙轉氨酶	√	√
	SGOT / AST 谷草轉氨酶	√	√
	Gamma GT 丙種谷氨轉肽酶	√	√
	Alkaline Phosphatase 鹼性磷酸酶	√	√
	Total Bilirubin 總膽紅素	√	√
	Albumin 白蛋白	√	√
	Globulin 球蛋白	√	√
	Total Protein 總蛋白	√	√
	A/G Ratio 白蛋白/球蛋白比率	√	√
Hepatitis Serology 肝炎測試	Hepatitis Bs Antigen 乙型肝炎表面抗原	√	√
	Hepatitis Bs Antibody 乙型肝炎表面抗體	√	√
Lipid Profile 血脂測試	Total Cholesterol 總膽固醇	√	√
	HDL Cholesterol 高密度膽固醇	√	√
	Total/HDL Cholesterol Ratio 總膽固醇/高密度膽固醇比率	√	√
	LDL Cholesterol 低密度膽固醇	√	√
	Triglycerides 三酸甘油脂	√	√
Thyroid Function Test 甲狀腺功能測試	TSH 促甲狀腺激素	√	√
Diabetes Screening 糖尿病篩查	Fasting Blood Glucose 空腹血糖	√	√
Bone Metabolism Screen 骨質測試	Calcium 鈣	√	√
	Phosphorus 磷酸鹽	√	√
Gout Screening 痛風篩查	Uric Acid 尿酸	√	√
Cancer Markers 癌症標誌物測試	CA 125 (Ovary) 癌抗原 125 (卵巢)	X	√
	PSA (Prostate) 癌抗原 (前列腺)	√	X
Urine Examination 尿液測試	Urine Routine 尿液常規檢查	√	√
Stool Examination 大便測試	Occult Blood 大便隱血檢查	√	√
Cervical Cancer Screening 宮頸癌篩查	Pap Smear 柏氏抹片	X	√
Doctor Follow Up Consultation and Explanation 醫生跟進及解釋報告		√	√